

FOLK FEST CEILIDH

Your first ceilidh cheat sheet

Never been to a ceilidh before? Relax, we've got you.

CEILIDH MYTH-BUSTER

You do not need...

- A partner
- Experience
- Rhythm
- To remember everything. You just need to join in.

CEILIDH ETIQUETTE

The unspoken rules...

- Everyone helps everyone else
- Laughing is encouraged
- Mistakes are expected
- If you get lost, just keep moving and someone will rescue you

THINGS YOU MIGHT HEAR

Circle left / circle right

Everyone holds hands and walks around in a circle. Yes, it really is that simple.

Do-si-do

Walk past someone, around them, and back to where you started. No touching required.

Swing

Hold your partner and spin together. Go gently. Dizzy is optional.

Promenade

Walk around the room with your partner, usually smiling like you mean it.

Right hand star / left hand star

Hold the same hand with others and spin as a group. Like a human Catherine wheel.

Strip the willow

Spin down the line, changing partners as you go. This is the big one. You'll love it.

Most important thing... if you're smiling, you're doing it right.